

## **Provider Profile**

State of Connecticut

Department of Developmental Services
460 Capital Avenue, Hartford, CT 06106

Reliance Hou	ıse, Inc.					
40 Broadway Norwich		CT 06360		Phone: Fax : Toll Free:	(860)887-6536 (860)885-1970	Ext
Corporation Type: Not for Profit Corp				TD Phone:		
Director Name: E-Mail:	ett incehouse.org;	chast@reliance	ehouse.org			
People Served: Contact: Contact Phone: Contact Email:	200 or more people Cheryl Hastings (860) 887-6536 chast@reliancehouse.org				Accepting ne people?	ew Yes
Web Address:	www.relianc	<u>ehouse.org</u>				
<ul> <li>Adult Compani</li> <li>Adult Day Heal</li> <li>Assisted Living</li> <li>Clinical Behavi</li> <li>Group Day Sup</li> <li>Health Care Co</li> <li>Independent S</li> <li>Individualized I</li> <li>Individualized I</li> </ul>	Services rs s rts	☐ Inter☐ Live☐ Nutr☐ Pers☐ Res☐ Com☐ Sup☐ Tran	Interpreter Services			
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Information provided by the provider describing their agency:

The Supported Living Program (SLP) of Reliance House is a Department of Developmental Services (DDS) funded program attached to a Department of Mental Health and Addiction Services (DMHAS) funded agency. This unique relationship holistically provides services to the often under served population of persons with intellectual and mental health disabilities.

Besides on-going supports to meet one's daily needs, the program utilizes a client-centered approach in assisting persons in developing, increasing and/or maintaining skills that promote mental health including: social, coping, feelings, and enjoyment of life skills.

In addition to mandated DDS trainings, SLP staff receive extensive training in mental illness and substance abuse, counseling to individuals with intellectual and mental health disabilities, behavioral analysis, planning, and implementation, learning style approaches, crisis prevention and intervention, and mental health case management.

Specialized supports and services include:

Dialectical Behavioral Therapy Support Group – A cognitive-behavioral treatment approach that has proven effective in treating persons with Borderline Personality Disorders, Eating Disorders, and Parasuicidal Behaviors (suicidal and self-injurious behaviors).

Road To Recovery Group – A substance abuse support group designed specifically for persons with cognitive deficits.

Forensic Service Supports – An approach that maximizes independence within the restrictions of probationary, parole or jail diversion mandates.

Teamworks – A Clubhouse approach that provides a safe environment to develop work and social skills through Adult Education, Jump Start Work Programs, Art Therapy, social and recreational activities and a variety of support groups.

Link to Quality Profile http://www.ct.gov/dds/lib/dds/provider\_qsr/1238\_QSR1.pdf

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